



# Preclinical safety program

## Regular - ICH M3(R2)

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*Robert A. Ettl*

*Dr. med., FIATP – FIATS – ERT*

*Ettl Consulting*

*CH-4142 Muenchenstein, Switzerland*

*[robert.ettlin@ettlin-consulting.com](mailto:robert.ettlin@ettlin-consulting.com)*

# Disclaimer

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R.A. Ettlin and Ettlin Consulting are committed to high standards, but *cannot accept any responsibility* for the accuracy of information provided, which – in addition – reflects more or less the situation at the time of writing these slides. Please verify the information by consulting e.g. textbooks on toxicology, the respective regulations and/or other publications

In particular, before proceeding, input from a specialist in drug metabolism and pharmacokinetics (DMPK) is advisable

# Relevant guidelines

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- **ICH M3(R2)** e.g. for
  - Guidance regarding **timing** of nonclinical studies relative to clinical development
  - **Phase 0 clinical studies** (exploratory clinical trials) with micro-dosing
- **Other general preclinical ICH safety guidelines**, in particular
  - ICH S5(R2) (reproductive and developmental testing)
  - ICH S2 (genotoxicity testing)
  - ICH S3 (pharmaco-/toxicokinetics PK/TK)
  - ICH S7A/B (testing for safety pharmacology)
  - Etc.
- **National/regional guidelines**

# General remarks – ICH M3(R2)

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- **Justified deviations** from standard development plans are possible
- For **clinical Phase 0 studies** (exploratory clinical trials) with micro-dosing see tables in ICH M3(R2)
- **Dose levels** for preclinical safety:

HD generally maximal tolerated dose (MTD) or large exposure multiples (at least 50 x AUC\*) or saturation or maximal feasible dose (MFD)

Limit generally 1000 mg/kg (at least 10x clinical exposure, clinical dose < 1 g/d)

For further details see backup

\* For carcinogenicity studies 25 x based on AUC values or 150 x based on mg/kg in animals vs. mg/person in humans might be sufficient

# Compound for pivotal studies

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- GMP grade or GLP analysis
- Compared to compound used for clinical trials
  - Not purer
  - No impurities which were not tested in animals
- Formulation
  - Oral: to achieve exposure similar to exposure intended in humans
  - Other routes of administration: generally similar or identical to that intended to be used in humans

# Duration of repeat dose toxicity studies – ICH M3(R2)

<i>Human application</i>	$\leq 2$ wks	$> 2$ wks – 1 mo	$> 1$ mo – 3 mo	$> 3$ mo – 6 mo	$> 6$ mo
<i>During clinical development</i>	<b>2 wks</b>	<b>Same as intended treatment</b>			<b>6 mo</b> (rodents) <b>9 mo</b> (non-rodent)
<i>For marketing authorization</i>	<b>1 mo</b>	<b>3 mo</b>	<b>6 mo</b>	<b>6 mo</b> (rodents) <b>9 mo</b> (non-rodents)*	<b>6 mo</b> (rodents) <b>9 mo</b> (non-rodents)*

All studies have to be done in rodents (generally rats) and non-rodents (for topical development often minipigs)

wks = weeks – mo = month(s)

\* In many countries 6-month chronic studies are sufficient

Studies do not have to be repeated for marketing authorization

## For clinical Phase 1 (usually 2-4 weeks)

### Pharmacology including safety pharmacology

**Pharmacology** (MoA, dose-response, treatment schedule, biomarker)

- Primary PD
- Secondary PD

**Safety pharmacology** - ICH S7A&B

Core battery:

- *in vitro* hERG (may not be needed, if *in vivo* cardiovascular CV dog data are available)
- CV telemetry dog
- Respiratory rat
- Functional observation battery (FOB)/Irwin rat

Supplementary studies (e.g. *in vitro* off-target effects, Purkinje) as needed

### Toxicology

***In vitro* mutagenicity** ICH-S2

- Ames for single dose
- *In vitro* or *in vivo* chromosomal aberration test, e.g. *in vitro/in vivo* MNT

**Toxicity studies** (2-4 weeks) in rodents and non-rodents

Including recovery and TK (ICH-S3A) with investigation of accumulation

*NO(A)EL needed*

Duration depending on intended human treatment duration (ICH M3)

Further **immunotoxicity testing**, if needed based e.g. on findings in regular toxicity studies

**Abuse liability\***, if indicated e.g. for CNS drugs - *May be delayed*

\* E.g. testing for drug discrimination, self-administration or withdrawal symptoms

## ***For clinical Phase 1 (usually 2-4 weeks) – continued 2***

### **Toxicology (continued)**

#### **Local tolerance** (if appropriate)

May be part of regular toxicity study  
See also ICH M3(R2)

#### **Phototoxicity\*** - ICH S10 - *May be delayed*

*In silico or in vitro*

#### **No acute toxicity** testing (replaced e.g. by dose-range-finding DRF studies)

**Embryo-fetal development** (Segment II) in rats and rabbits\* including TK, with the following exceptions:

- No women of child-bearing potential (WoCBP) in clinical trial
- If WoCBP in only short duration clinical trials (e.g. 2 weeks): intensive control of pregnancy risk. Particularly, if targeted disease predominantly in women
- Knowledge of MoA
  - Type of test drug
  - Extent of fetal exposure very low
  - Difficulty of conducting developmental toxicity studies in an appropriate animal model

- \* 1) Photochemical properties (e.g., photoabsorption and photostability) of the molecule  
2) Information on the phototoxic potential of chemically related compounds  
3) Tissue distribution (might become available only later)  
4) Non-clinical (and later clinical) findings indicative of phototoxicity



## For clinical Phase 1 (usually 2-4 weeks) – continued 3

### Absorption/distribution/metabolism/excretion (ADME) – related activities

Develop and validate (according to GLP) **analytical method** in different species including humans

#### 1. **Pharmacokinetic (PK) behavior**

A) Limited **PK** data in dedicated studies using the same 2 species as in toxicity studies (ICH S3B)  
Route of administration as intended in clinical studies and intravenously (i.v.) for investigation of bioavailability (BAV)

B) *In vitro* permeability (e.g. Caco 2) - **May be delayed**

C) Consider **further ADME-related studies**, such as e.g.

- Food effect
- Target organ exposure

**May be delayed**

D) See also TK in general and reproductive toxicity studies, especially regarding accumulation

#### 2. **Metabolism**

A) *In vitro* **metabolic stability** e.g. in hepatocytes or microsomes (toxicity species and man)

B) Possibly determination of metabolites. **May be delayed**

C) Possibly cytochrome P450 (CYP) profiling (indicates the potential for being a “victim” of other drugs). **May be delayed**

D) See also parameters of 1 above

#### 3. **Drug-drug interaction (DDI)**

A) *In vitro* **plasma protein binding** and blood-plasma distribution in toxicity species and man.  
**May be delayed**

B) Possibly **CYP inhibition/induction** (“perpetrator” for other drugs → DDI) - **May be delayed**

In silico **modeling** as needed

## *For clinical Phase 2 (usually 4-12 weeks)*

### Toxicology

#### **Genotoxicity studies** - Core battery - *If not done for clinical Phase 1*

- Tests as for clinical Phase 1 (repeated with new batch; not always necessary) *plus in vivo* micronucleus test (*if not done earlier*)

OR

- Ames (if repetition needed)  
*plus in vivo* cytogenetic test in 2 different tissues - *One test may have been done earlier*

**Toxicity studies** (4-12 weeks) in rodents and non-rodents, including recovery and TK  
Duration  $\geq$  duration of clinical trials up to maximum duration of the repeat-dose toxicity studies (6/9 months) – ICH M3(R2) – see also below

**Embryo-fetal development** (Segment II) in rats and rabbits including TK\*  
(*if not done earlier*)

Dedicated **immunotoxicity testing**, if needed, see also ICH M3(R2) and ICH S8  
(*if not done earlier*). May also be delayed

- \* For WoCBP with effective birth control measures and negative DRF Segment II rat and rabbit studies (at the minimum investigated in 6 animals/group)
- USA: full Segment II study can be delayed until before clinical Phase 3
  - EU/J: full Segment II study required, if clinical trials > 3 months and with > 150 WoCBP

## ***For clinical Phase 2 (usually 4-12 weeks) – continued 2***

### ADME-related activities

#### **1. PK behavior**

- A) Synthesis of radiolabeled compound
- B) See also “1/2. PK behavior and metabolism” in slide for Phase 1
- C) Consider **further ADME-related studies**, such as
  - Placental transfer - *May be delayed*
  - Milk transfer - *May be delayed*
  - Food effect (*if not done earlier*)
  - Effect of further formulations
  - Multiple dose PK (if accumulation etc.)

#### **2. Metabolism**

- A) **CYP isoenzyme profiling** (victim?) (*if not done earlier*)
- B) **Enzyme induction** e.g. *in vitro* with isolated enzymes, including mRNA induction (self-induction? perpetrator → DDI?) (*if not done earlier*). *Can be postponed for Phase 3*
- C) Determination of **metabolites** (*if not done earlier*)
- D) See also above under “1./2. PK behavior and metabolism” in slide for Phase 1

#### **1./2. PK behavior and metabolism – *May be delayed***

- *Rodent*: mass balance/excretion, metabolites, distribution
  - *Non-rodent*: at least mass balance/excretion
- Acute i.v. (*if not done earlier*) and per os (p.o.)

## **For clinical Phase 2 (usually 4-12 weeks) – continued 3**

ADME-related activities (continued 2)

### **3. Drug-drug interaction (DDI)**

A) **Protein binding** *in vitro*, in toxicity species and man (if not done earlier)

B) **Blood distribution** *in vitro*, in toxicity species and man (if not done earlier)

C) **Enzyme inhibition** (perpetrator → DDI?) (if not done earlier). Can also be postponed for Phase 3

- e.g. *in vitro* with isolated CYP enzymes
- Increasingly also: inhibition of transporters (see also later)

D) **Enzyme induction** see previous slide

## *For clinical Phase 3 (often > 13 weeks)*

### Toxicology

**Chronic toxicity** including recovery and TK

- Rodent (26 weeks)
- Non-rodents:
  - US & J: 39 weeks according to ICH S4
  - EU: 26 weeks – See also ICH M3(R2)

Depending on intended human use

**Non-clinical characterization of human metabolites**, if exposure  $\geq$  10% of total drug exposure AND human exposure significantly larger than maximum exposure in animals\* – ICH Q3A/B(R2)  
May be delayed until before registration

**Local tolerance** to cover unintended injection route

Dedicated **immunotoxicity testing**, if needed, see also ICH M3(R2) and ICH S8  
(if not done earlier)

Dedicated **phototoxicity** study/ies only, if indicated, see also ICH M3(R2) and ICH S10  
(if not done earlier)

**Abuse liability**, if indicated e.g. for CNS drugs (if not done earlier)

Rat **fertility and early embryonic** development (Segment I) including TK. Includes also male fertility

**Embryo-fetal development** in rats and rabbits (Segment II) (if not done earlier)

\* For drugs with a daily administered dose <10 mg greater fractions might be more appropriate  
Some metabolites are not of toxicological concern (e.g., most glutathione conjugates) and do not warrant testing

## ***For clinical Phase 3 (often > 13 weeks) – continued 2***

### ADME-related activities

#### **1. PK behavior**

**Placental / milk transfer** (if not done earlier). May also be postponed to registration

#### **1./2. PK behavior and metabolism** (if not done earlier)

- *Rodent*: mass balance, excretion, metabolites, distribution
  - *Non-rodent*: at least mass balance
- In general: acute p.o. and i.v.

#### **2./3. Metabolism and DDI**

A) **Enzyme inhibition/induction** including e.g. *in vitro* studies with isolated enzymes (if not done earlier)

B) **Other ADME-related studies** – as needed – with substrates, inhibitors and partly inducers, e.g.

- *Phase-1 enzymes*: flavin-containing monooxygenases (FMO)\*
- *Phase-2 enzymes*: especially UDP-glucuronosyltransferases (UGT)
- *Transporter proteins*, especially  
OAT1/3 (> 25% hepatic/biliary excretion)  
OATP1B1/3, OCT2 (> 25% renal excretion)  
P glycoprotein (gp), breast cancer-related protein (BCRP)

**Human ADME** with ‘hot’ compound - Possibly already done for clinical Phase 2

\* CYP isoenzyme work done earlier

# For registration

## Toxicology

**Rat and mouse carcinogenicity studies** including TK (preceded by mouse DRF and pilot study)

ICH S1A-C - If concerns: to be conducted prior to clinical trials

If concerns: consider **photocarcinogenicity** study (but generally not considered being useful)

**Juvenile toxicity** testing (for many countries) - Should be available before starting clinical trials in children\*

**Toxicity studies with human-specific metabolites** ICH M3(R2) - Preferably done already for clinical Phase 3

See also safety characterization of impurities: depending on amount and daily dose (ICH Q3B(R2)), generally if > 25 % of parent and/or > 10 % of total (EU)

**Genotoxicity** - If repetition needed

**Pre- and postnatal** in rat including TK (Segment III)

**Embryo-fetal development** (Segment II) (if not done earlier)

**Environmental impact/occupational safety**

**ADME-related activities**

**Human ADME** with 'hot' compound (if not done earlier)

\* If drug is developed directly in children: see e.g.

- EMA Guideline on the Need for Non-clinical Testing in Juvenile Animals of Pharmaceuticals for Paediatric Indications of January 14, 2008
- FDA Draft Guidance for Industry - Pediatric Study Plans – July 2013

# Backup



# High dose selection

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High dose HD for in vivo toxicity studies

- Maximum tolerated dose (MTD); not essential to reach in every study
- Other aspects:
  - Large exposure multiples
  - Saturation of exposure
  - Maximum feasible dose (MFD)
- Limit doses: 1000 mg/kg/day
  - If mean exposure margin < 10x clinical exposure and clinical dose > 1 g/day: limit dose 10x or 2000 mg/kg/day or the MFD, whichever is lower
  - If at 2000 mg/kg/day test exposure < clinical exposure, a higher dose up to the MFD can be considered
- In any case: HD with a 50x margin of exposure (usually based on group mean AUC values) of the parent drug or the pharmacologically active molecule of a pro-drug are generally considered acceptable

For further details see ICH M3(R2)

# Evaluation of the risk of drug-drug-interactions (DDI) - Regulatory requirements

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## □ Metabolism

- **Enzyme inhibition** as **perpetrator** inhibiting the metabolism of other drugs, e.g.
  - Direct and time-dependent inhibition
  - CYP **1A2**, 2A6, **2B6**, **2C8**, **2C9**, **2C19**, **2D6**, 2E1, **3A4**
  - UGT1A1, UGT2B7
- **Enzyme induction** as **perpetrator** increasing the metabolism of other drugs, e.g.
  - CYP **1A2**, 2B6, **3A4**
- **Metabolic pathways profiling** to detect compounds being **victim** of inducing/inhibiting effects of other drugs

## □ Transport

- **Inhibition** as **perpetrator** inhibiting the uptake/excretion of other drugs, especially
  - **P gp**, **OATP1B1**, **OATP1B3**, **OCT1**, **OCT2**, **OAT1**, **OAT3**, **BCRP**, **BSEP**, **MATE1**, **MATE2**
- **Induction** as **perpetrator** increasing the uptake/excretion of other drugs, e.g.
  - P-gp (co-induction with CYP 3A)
- Being the **victim** of inducing/inhibiting effects of other drugs

Systems, specific substrates/inhibitors/inducers for *in vitro* experiments and decision trees for clinical DDI studies are specified in corresponding guidelines

# Co-medication in fixed formulation

## ICH M3(R2)

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- *Compounds with clinical experience ( $\geq$  clinical Phase 3):*  
No further preclinical data needed
- *At least one compound without adequate clinical experience ( $\leq$  clinical Phase 2), but no significant toxicological concern:*  
Non-clinical combination study/ies generally only recommended before large-scale or long-term combination trials (generally clinical Phase 3), as well as for marketing
- *Only compounds without adequate clinical experience:*
  - Development of individual compounds: one nonclinical combination toxicity study in one species may be sufficient. Duration equivalent to that of the clinical trial or new drug application (NDA, FDA), but maximally 90 days
  - Development of combination: full program with combination